

July 1, 2016

Dear Friend,

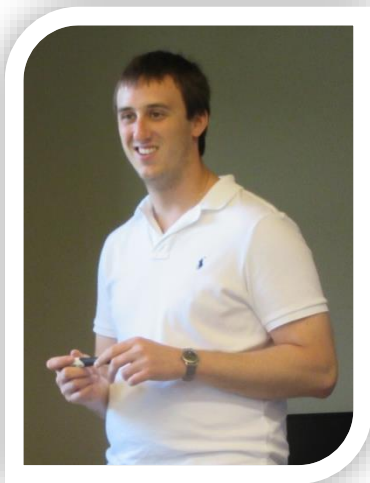
This hot month has not slowed us down at Barbash Family Vital Support Center. We hope you can continue to brave the heat and join us for a new experience this summer.



Adrienne Charak, our super summer volunteer, is back to support you in writing or updating your resume. Adrienne has 20+ years specializing in technical writing, instructional design and coaching individuals with their employment searches. Adrienne is highly organized and has a great talent for identifying your strengths to highlight to an employer. We hope you can take advantage of her skills by scheduling an individual session with her this summer.

We had fun playing Apples to Apples during **Games and More**. This game allows you to test your knowledge of nouns and adjectives by matching cards with another player. This was a very easy game to learn and provided us with a few good laughs, too!

Our laminator furnished the finishing touch on some highly creative, personalized bookmarks. We had a grand time discussing our favorite books during this group, too. This art activity is one of the many available during our **Create Art** groups. Bookmarks can be very simple or quite elaborate and make wonderful gifts.



Rabbinic Fellow Simon Stratford joined us for his first luncheon event, "**After-Shavuot**". We already enjoyed time with Simon for Hebrew instruction earlier this month so his wealth of knowledge at the luncheon was no surprise. We discussed the gift of the Torah and how it serves as a "blueprint for our lives" as one in the group shared. We acknowledged that we each may have our own thoughts about how Torah came to the Jews. Was it from God? Or passed down to us by the sages? And one remarked how wonderful it is that we can share our differing opinions and commentaries at the Barbash Center, and appreciate everyone's point of view. We had the opportunity of looking at some original texts and making our own commentary! And the food, as always, was divine! Rolled roasted zucchini, peppers, onions and creamy feta, brown rice, fruit salad and of course, cheesecake! Thank you to Kathy, Marjorie and Debbie for assisting with our luncheon preparation.

We hope you can be part of our summer programming. Let Connie know what will spark your interest as we begin to plan for the upcoming holidays.

Sincerely,







